

## Packing Guidance

The below information is just a guide to help you think about what you need to pack for the Summer School. If you have any questions about what you need to bring, just get in touch with us via the details in the email.

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|--|--|---|
| <input type="checkbox"/> Water bottle and hard plastic cup                             | <input type="checkbox"/> Extra Towel (one is provided in the room)         | <input type="checkbox"/> Toiletries inc Shampoo, Shower Gel, Feminine Hygiene Products (if appropriate) |
| <input type="checkbox"/> Sleepwear   | <input type="checkbox"/> Toothbrush & Paste                                |   |
| <input type="checkbox"/> Waterproof Jacket   | <input type="checkbox"/> Phone charger                                     | <input type="checkbox"/> Active wear for outside activities including long trousers                     |
| <input type="checkbox"/> Comfy Shoes   | <input type="checkbox"/> Small amount of spending money                    |   |
| <input type="checkbox"/> Small bag / rucksack for day to day items                     | <input type="checkbox"/> Deodorant   | <input type="checkbox"/> Home Comforts (teddy, blanket etc)   |
|  | <input type="checkbox"/> Sun Cream   | <input type="checkbox"/> Trainers & Socks   |
| <input type="checkbox"/> Day to Day clothes (weather is unpredictable, so be prepared) | <input type="checkbox"/> Hair Brush  | <input type="checkbox"/> Snacks and Sweets - MUST BE NUT FREE   |
| <input type="checkbox"/> Jumper/Cardigan (for evening activities)                      | <input type="checkbox"/> Hair Products (including hair ties for long hair) | <input type="checkbox"/> Medication (inc Motion Sickness tablets, period pain).                         |

NOTES

