

# Discover Summer School 2025 Menu



## Breakfast

Tuesday-Thursday:

Continental selection including:  
Cereals, milk, selection of toast & butter, condiments & croissants.  
Tea, coffee & juice.

## Lunch

Monday:

Selection of sandwiches and wraps, crisps, fruit & sweet treats.

Tuesday:

Pizza take away (at Merrist Wood College).

Wednesday:

Selection of sandwiches, crisps and fresh fruit.

Thursday:

Chicken katsu curry with steamed rice OR vegetable lasagne.

**Dessert:** Selection of yoghurts & fruit.

## Dinner

Monday:

**Hot Protein:** Beef meatballs, arrabiata sauce, bulgar wheat, herby leaf salad.

**Hot Vegetarian:** Mushroom stroganoff with steamed rice.

**Dessert:** Victoria sponge or chocolate brownie.

Tuesday:

**Hot Protein:** Macaroni cheese - add your own bacon bits/crispy onions.

**Hot Vegetarian:** Macaroni cheese - add your own crispy onions.

**Dessert:** Lemon drizzle cake or fruity granola slice.

Wednesday:  
**(BBQ)**

**Hot Protein:** 6oz Beef Burger or chipotle chicken kebab.

**Hot Vegetarian:** Meat-free burger or vegan koftas.

Selection of side salads.

**Dessert:** Ice cream.

Dinner served with a selection of fresh daily salads & accompaniments